

## New Data: Families Paid \$310 More for Groceries During Trump's First Year in Office

New calculations from the Joint Economic Committee – Minority find that a typical American family paid \$310 more overall for groceries during President Trump's first year in office compared to 2024.

Families are paying these higher prices despite Trump's promise on the campaign [trail](#) that "a vote for Trump means your groceries will be cheaper" and his recent [claim](#) that "grocery prices are starting to go rapidly down." While the President has called the affordability [crisis](#) "a hoax," he also recently [reversed course](#) on some of his grocery tariffs – underscoring the harm that his tariffs have caused for families' bottom lines. For example, Trump initially placed [50 percent](#) tariffs on Brazil – and Americans have paid \$76 more for coffee, compared to the same period the year before – and he then [lifted](#) those tariffs late last year.

The new Committee data below is based on lists of common groceries identified by the U.S. Department of Agriculture for which there are comparable average price data available through the Bureau of Labor Statistics. Weekly quantities of the items were estimated based on data from the Bureau of Economic Analysis' Personal Consumption Expenditures, the U.S. Department of Agriculture, and common packaging sizes at grocery stores. Four items on the Committee list are frequently bought grocery items, but have no comparable Bureau of Labor Statistics data; the Committee approximated these costs by analyzing prices of these items at Walmart.

Grocery List Item	Estimated Quantity Bought per Week	Amount Spent per Household Jan - Dec 2024	Amount Spent per Household Jan - Dec 2025	Total Cost Change
<b>Dairy</b>				
Whole milk	1.5 gallons	\$311.54	\$318.05	+\$6.51
Cheddar cheese	2 packages of slices	\$295.33	\$304.63	+\$9.30
Butter	2 sticks	\$123.51	\$123.59	+\$0.08
Yogurt	14 oz	\$148.35	\$139.53	-\$8.82

### Non-Dairy Drinks

<b>Orange juice</b>	1 12-oz can concentrate	\$165.90	\$180.08	<b>+\$14.18</b>
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<b>Ground coffee</b>	1 bag	\$247.18	\$323.24	<b>+\$76.06</b>
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### Meat and Eggs

<b>Chicken breast</b>	1 package, 2 lbs	\$421.99	\$433.54	<b>+\$11.55</b>
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<b>Whole chicken</b>	One whole chicken, 4 lbs	\$416.95	\$429.46	<b>+\$12.51</b>
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<b>Bacon</b>	1 package	\$265.03	\$274.84	<b>+\$9.81</b>
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<b>Raw ground beef</b>	2 lbs	\$595.79	\$666.78	<b>+\$70.99</b>
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<b>Ham</b>	1 package of slices	\$292.64	\$285.86	<b>-\$6.78</b>
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<b>Eggs</b>	1 dozen	\$165.37	\$217.03	<b>+\$51.66</b>
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### Grains

<b>White bread</b>	1 loaf	\$128.50	\$121.66	<b>-\$6.84</b>
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<b>Crackers*</b>	2 boxes	\$302.15	\$308.32	<b>+\$6.17</b>
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<b>White rice</b>	1 lb bag	\$53.96	\$54.92	<b>+\$0.96</b>
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<b>Pasta</b>	1 box	\$73.87	\$68.65	<b>-\$5.22</b>
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<b>Cereal*</b>	1 family-size box	\$253.36	\$252.71	<b>-\$0.65</b>
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### Fruits

<b>Oranges</b>	6 oranges	\$168.59	\$168.67	<b>+\$0.08</b>
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<b>Bananas</b>	10 bananas (2 bunches)	\$129.65	\$135.74	<b>+\$6.09</b>
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<b>Strawberries</b>	2 cartons	\$377.59	\$377.47	<b>-\$0.12</b>
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### Vegetables

<b>Lettuce</b>	2 8-oz bags	\$82.99	\$86.03	+\$3.04
<b>Tomatoes</b>	4 tomatoes	\$135.28	\$125.00	-\$10.28
<b>Potatoes</b>	8 potatoes	\$204.91	\$199.70	-\$5.21
<b>Corn</b>	2 cans	\$133.74	\$132.75	-\$0.99
<b>Beans</b>	1 lb bag	\$86.99	\$85.68	-\$1.31

### Frozen Foods, Snacks & Sweets

<b>Cookies</b>	1 package	\$411.50	\$413.07	+\$1.57
<b>Potato chips &amp; salty snacks</b>	2 party-sized bags	\$546.92	\$569.51	+\$22.59
<b>Ice cream</b>	1 carton	\$239.88	\$248.74	+\$8.86
<b>Soda</b>	4 liters	\$219.77	\$222.20	+\$2.43
<b>Candy*</b>	1 family-sized bag (18 oz), spread over 2 weeks	\$181.97	\$229.18	+\$47.21
<b>Frozen dinners*</b>	2 large pizzas	\$661.14	\$655.49	-\$5.65
<b>All Products</b>		\$7,842.34	\$8,152.12	\$309.78

Source: Non-starred product prices are sourced from U.S. Bureau of Labor Statistics Average Price Data. As no data was available for October 2025, the committee estimated prices for October as the midpoint between the September and November prices. Data was also not made available in November 2025 for strawberries, potatoes and oranges, but was made available in December. For these items, the committee estimated October and November data as points along a smoothed trend from September to December data. Data was not available in December 2025 for lettuce. As such, the committee estimated the price for December 2025 based on the trends in price from August to September 2025.

Starred products are common grocery items that are not available from the Bureau of Labor Statistics; these prices are sourced from Walmart products listed online as among the top 10 “best sellers” at time of data collection. Prices are pulled from the price tracking website “Aisle Gopher” with prices averaged over any periods where no data is available.