



# California

## Inflation Update



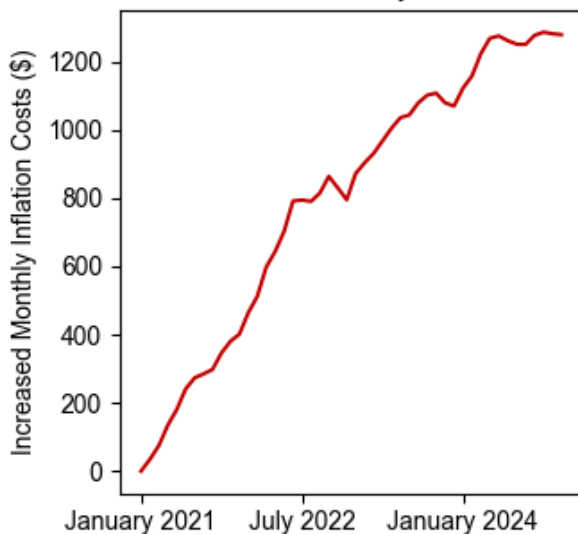
### December 2024

#### Summary

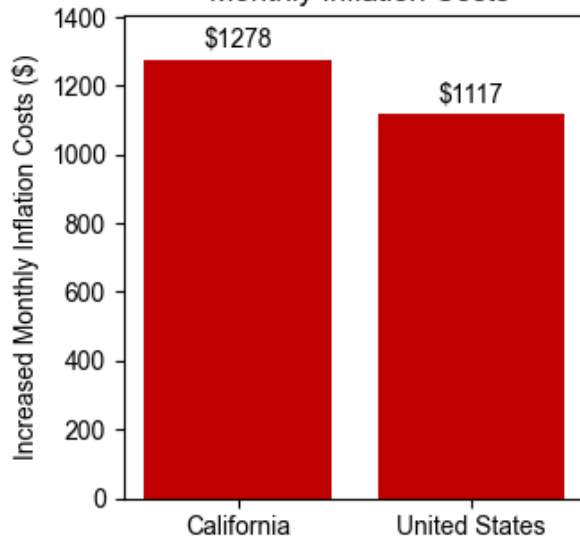
Using the **December 2024** [Consumer Price Index](#) data release by the Bureau of Labor Statistics, the Joint Economic Committee (JEC) [State Inflation Tracker](#) estimates that the average household in **California** is paying **\$1,278** more per month to purchase the same basket of goods and services as in January 2021.

Cumulatively, the average **California** household has spent **\$38,353** more due to inflation since January 2021.

Increased Monthly Inflation Costs Since January 2021



California ranks 4th for Increased Monthly Inflation Costs



#### Breakdown

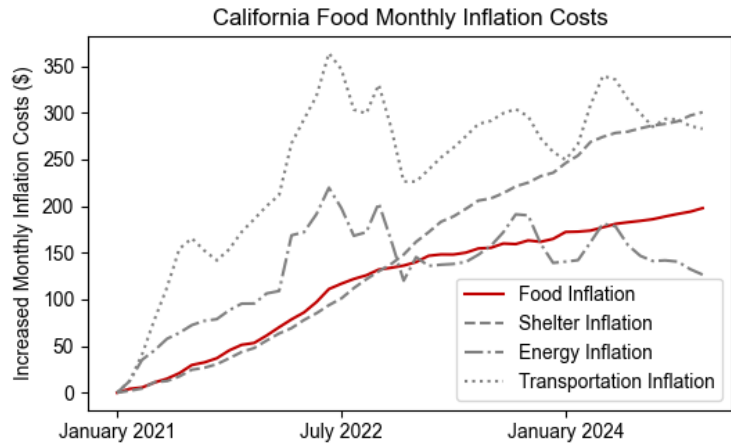
The Census Division where **California** is located has seen cumulative inflation of **20.1 percent** since January 2021. This is **0.6 percentage points lower** than the national cumulative inflation since January 2021 of **20.7 percent**.

Compared to one year earlier, the average **California** households needs to spend **\$209** more per month to maintain the same standard of living.

The JEC Inflation Tracker breaks down the increased cost to the average household in **California** relative to January 2021 into four essential spending categories below:

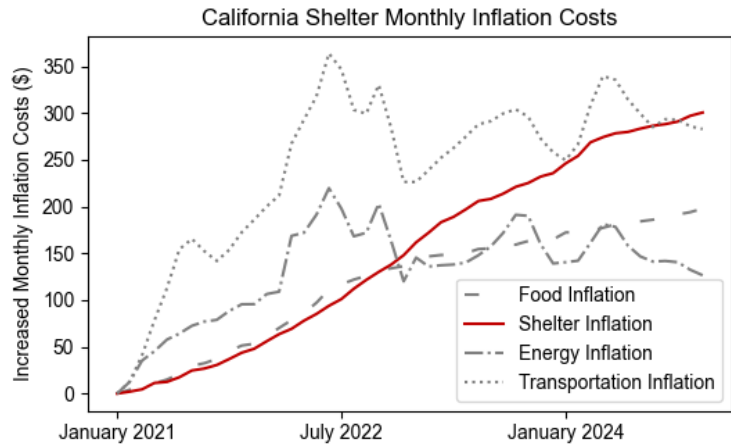
### Household Food Expenses

Compared to January 2021, the average household in **California** is spending **\$198** more on food per month. This is **\$33 more** each month than one year ago. Cumulatively, the average household in **California** has spent **\$5,628** more on food due to inflation since January 2021.



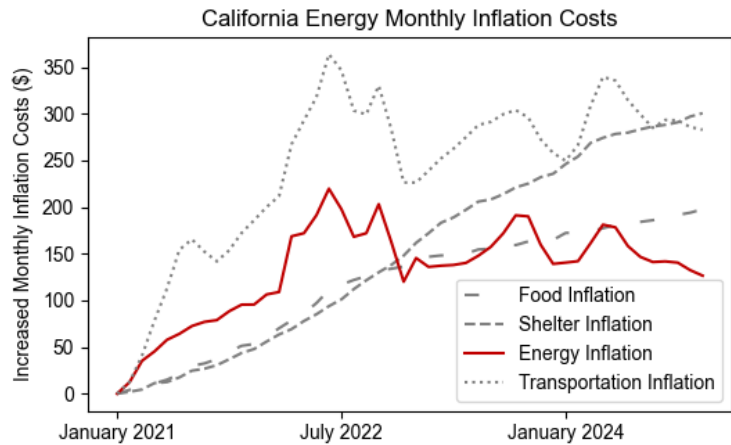
### Household Shelter Expenses

Compared to January 2021, the average household in **California** is spending **\$301** more on shelter per month. This is **\$65 more** each month than one year ago. Cumulatively, the average household in **California** has spent **\$7,245** more on shelter due to inflation since January 2021.



### Household Energy Expenses

Compared to January 2021, the average household in **California** is spending **\$126** more on energy per month. This is **\$13 less** each month than one year ago. Cumulatively, the average household in **California** has spent **\$6,356** more on energy due to inflation since January 2021.



### Household Transportation Expenses

Compared to January 2021, the average household in **California** is spending **\$283** more on transportation per month. This is **\$25 more** each month than one year ago. Cumulatively, the average household in **California** has spent **\$11,630** more on transportation due to inflation since January 2021.

